We are so looking forward to seeing you for your consultation and treatment!

Your safety and happiness are our priority, and we are here to help. We are a medical and cosmetic office, and hold ourselves to the highest standards of care. To make your visit more comfortable and satisfying, here is some important information for you:

* Please let us know what areas are of concern, and whether you want just a consult or if you would like to have a procedure done the same day.
* If you would like a procedure that day, please let us know what you are interested in, so we can book the appropriate length of time for you.
* If you are having a dermal filler or Botox/Dysport or Xeomin, or Sculptra, there is always a risk of bruising. You can minimize this by **stopping all blood thinners, aspirin, motrin, NSAIDS, fish oil, flaxseed oil, vitamin E, etc. 10-14 days ahead of your appointment.**
* Please bring a **list of all of the medications and vitamins** you are taking.
* Please let us know of any **allergies** you have had to any medications, suture materials, or products. (Please note: a true allergic reaction is a rash, swelling, or trouble breathing. Stomach upset or headache is a sensitivity, not an allergy)
* Feel free to bring photos of how you looked when you were younger, or how you looked before and after a procedure you have had.
* Please be honest with us about past procedures and surgeries you have had. We are here to help, not judge, and we KEEP ALL INFORMATION COMPLETELY CONFIDENTIAL
* Please let us know if you have ever had any fever blisters, cold sores, or herpes. If so, we may want to call in a preventative prescription of Valtrex or acyclovir for you.
* Please let us know if you have HIV, or have had hepatitis, or reactions to injectable products or laser procedures so we can prevent problems for you and take any necessary precautions.
* Thank you for choosing us! We take pride in being able to help people to look better, see better, and feel better!